

# the Joyful Noise

## Do You Know...?

of St. James' Episcopal Church

by Evelyn Manzella

The New Years seems a good time to share some information about how things work or things people who haven't been at St. James for a decade or more might not know.

Do you know that the parking spaces behind the Parish Hall are leased during the weekdays from 8 am to 6 pm?

Do you know that the office is actually down the street from the church (unfortunately the opposite direction of the one way street) and that it's open from 9 am to 1 pm, Monday – Friday?

Do you know that we pray for people in two different ways? Prayers that are added on to the Prayer Board at the back of the church are put on the intercession list for Sunday Morning. They are kept on the intercessions for a month. We also have a Prayer Chain with "Prayer Warriors" who pray intentionally everyday for people. To add someone to the Prayer Chain, you send your prayer request to Mary Hickey who coordinates the Prayer Chain or to the office and it will be forwarded to the Prayer Chain. Putting a prayer request on one does not put it on the other.

Do you know that we recycle ink cartridges and that we are receiving a check from the recycling company for sending them in? The recycling box is in the North Street entrance hall.

Do you know that the Vestry has a policy to not read unsigned letters? There is no way to respond to an anonymous letter so they are not discussed.

Do you know that Evelyn takes Fridays off each week and is available for appointments any other day?

Do you know that there is a soda machine in the undercroft of the Parish Hall? Do you know that the undercroft is the room under the Parish Hall?

Do you know that we buy Equal Exchange Coffee for the church? Equal Exchange coffee is a fair trade organization and we participate as a matter of justice for coffee growers. It is also available through Episcopal Relief and Development (as Bishop's Blend Coffee) at [www.er-d.org](http://www.er-d.org).

Do you know that Chalice Bearers and Lay Eucharist Visitors are licensed by the Bishop to do their ministries and require training before they can be licensed?



If you have other things you've wondered about, let me know. Sometimes we forget that what we take for granted and as common knowledge is not known by everyone. If you don't know, there are others who don't as well.

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**Editorial Information**

The Joyful Noise is published monthly September through June as a ministry of St. James Episcopal Church. Submissions in accord with the Mission of St. James are encouraged. The address of the Editor is 429 Kinney Circle, Wooster, OH 44691 and you may e-mail: astolat@sssnet.com

**Contributors this month include:**

Gwen Bayless  
Peggy Hockett  
Roger Kienzle  
Evelyn Manzella  
Janice Miller  
Jane Richardson  
Barbara Tickton

**Folders for the last issue were:**

John Hockett  
Peggy Hockett  
Jane Richardson



Please add your name to the sign up sheets on the bulletin board for greeters and Coffee Hour hosts/hostesses.



When you or a member of your family is in the hospital, please let the office know. Due to new privacy regulations, the hospital is no longer allowed to give us that information.



**Saint James Episcopal Church**

Corner of East North and Market Streets, Wooster, OH (330) 262-4476

Parish Hall: (330) 262-4488

Web Address: <http://www.stjameswooster.org/index.html>

E-mail: [saintjameswooster@earthlink.net](mailto:saintjameswooster@earthlink.net)

*Holy Eucharist Services*

8:00 am and 10:00 am Sunday, 7:30 am Wednesday

*Staff*

Rector - The Reverend Evelyn N. Manzella	(330) 262-1930
Organist - Jason Metheny	(330) 769-2867
Choir Director - Ned Brooks	(330) 264-9495
Parish Secretary - Gladys Hunter	(330) 682-0117
Pledge Secretary - Pat Watson	(330) 263-7811
Treasurer - John Cook	(330) 263-0073
Ass't Treasurer - Celia Smart	(330) 262-0299
Liz Glick - Bookkeeper	(220) 263-4048
Joyful Noise Editor - Russell T. Cross	(330) 345-1416

When there is no priest available, call Senior Warden, Liz Glick at (330) 263-4048, or Junior Warden, John Hockett, at (330) 345-7825 in case of emergency. Stuart Ling is available to make pastoral calls.

*2005 Vestry*

Jean Barnes (06) New Member Ministry	(330) 345-8586
Gwen Bayless (Vestry Clerk)	(330) 264-1874
Brad Burns (07)	(330) 263-7504
Velda Cross (06) Worship	(330) 345-1416
Liz Glick (05) Senior Warden	(330) 263-4048
Sue Gorman (07)	(330) 262-0973
Ben Gard (05)	(330) 263-0540
Mary Hickey (06) Outreach	(330) 262-7059
John Hockett (05) Junior Warden	(330) 345-7825
Jim Richard (06) Hospitality / Fellowship	(330) 264-2608
Celia Smart (07)	(330) 262-0299
Tim Urang (07)	(330) 682-0118
Pat Zoller (05) Properties	(330) 264-9909

*The Collect for St. James': "almighty and everlasting God, who didst move Thy servants in times past to establish and sustain this parish of St. James: Grant us grace so to follow their good example that we in our time may fulfill Thy will for us by knowing, loving, and serving Thee and Thy people; through Jesus Christ our Lord, Amen."*

The Mission of St. James Episcopal Church is to be an inclusive community of God's people, appreciative and accepting of each other's gifts, who welcome all who desire to be strengthened, and loved by our Lord through offerings of worship, spiritual growth, service, and pastoral care.



**Astolat**  
Publications

## Important Vestry Rule Change

At the December Vestry meeting, the Vestry voted to propose that the number of Vestry Members be reduced from twelve to nine. Since this is a bylaw change, it needs to be voted on at the Annual Meeting on January 29<sup>th</sup>. The rationale for making this change is that the Vestry Members, the Clerk, Treasurer, and Rector make the Vestry meeting a total of fifteen people. This is a large number for a church our size and represents more than 10% of our average attendance. The other issue is that it is increasingly difficult to find enough people to fill Vestry positions for three year terms.

There will also be other minor bylaw changes that reflect the reality of the church and to bring our bylaws into compliance with the diocesan and national canon.



epiphany

**January 6<sup>th</sup>**, at 6 pm we will have a candlelight Epiphany Service followed by the Epiphany party in the Parish Hall. We have an old fashioned Epiphany Cake with charms in the cake that the lucky Epiphany partiers can find.

Bring a savory or sweet delight to share and join in the Epiphany Feast.

## 2005: Outreach Program

by Janice Miller



**OUTREACH**

Have you been aware of the outreach St. James is involved in every day? We are fortunate to be a downtown church and have defiantly taken advantage of our location.

This year we have housed people in our apartment (Interfaith Housing), furnished space for numerous

Twelve-Step programs, prepared and served dinners (Meals Together), held a rummage sale to provide low/no cost items to those in need, and provided spring and fall concerts for countless listeners (Viola Startzman Free Clinic).

Bags and bags of sample size toiletries were distributed (Every Woman's House), bread was purchased (Interfaith Housing), animals were blessed, a ton of canned

food fed the hungry (People to People), we rang bells (Salvation Army), we helped build a house (Habitat for Humanity), and we are helping a church in Nigeria add an educational space (Episcopal Diocese). We also supported the United Thank Offerings and the Episcopal Community Services Foundation.

2005 contributions were sent to: Every Woman's House-\$100, Habitat for Humanity-\$500, Interfaith Housing-\$225, Meals Together \$150, People to People \$500, Salvation Army Heating Program-\$225, Viola Startzman Free Clinic-\$500 and the Tsunami Relief Fund \$250.

I would like to thank the members of the committee: Dick Figge, Susan Figge, Mary Hickey, Peg Hockett, John Hockett, Cameron Maneese, and Terry Ling. Sue Gorman has agreed to be the new chairperson. Thank you for giving me the opportunity to serve.

## Vestry Notes by Gwen Bayless

The following is a brief summary of items discussed and acted upon at the December 12 vestry meeting. It should be noted that the official minutes for that meeting will be approved at the January session.

Memorable parish events that took place in November included the "amazing" Talent and Servant Auction, the generous response to the Ton of Love project with over 2,100 pounds of food and \$450.00 of money collected, the delicious St. Nicholas cookies baked by Ruth Brown and her committee, and the great news that Brooker did not need surgery as anticipated.

Accepted the treasurer's report after John Cook reported that November revenues were good. The Condensed Balance Sheet was reviewed that compares 2005 to the previous year. At present accounting, the parish still faces a deficit of over \$19,000.00.

The need for either boiler replacement or repair at the office building was discussed. The estimates are being examined. Funding for this project would come from the Capital Account.

A pledging update was given. As of date, 72 units have responded with \$138,410.50 to the general fund with 15 pledges to the building fund and several to "other." There were 139 request letters sent out. Follow-up letters have been mailed.

(cont. p. 5)

## On-coming Vestry Members



### Jane Richardson

I have lived in Wooster over 3 years, after 18 years in California. In Walnut Creek I was Clerk of the Vestry and served on the search committee for 18 months (we found a new rector on the 2nd search). After my husband's retirement and a move, we attended a mission

church near Yosemite National Park for 12 years. There were 15 faithful members who met twice a month with a supply priest. Prior to our move to California, we attended Good Shepherd in Webster, N.Y, where we became friends of Janice and Chuck Miller. I sang in the choir, was on the Vestry, elected as the first woman Warden, and served as Clerk of the Vestry.

Here in Wooster, as you know I am one of the "men" in the back row, singing tenor in the choir. I have been involved with the rummage sale and the Talent/Servant Auction. I volunteer weekly at People to People, am secretary of the Wooster Women's Civic Club, play bridge; belong to the Tree City Quilt Guild, and the Wayne County Choral Union.

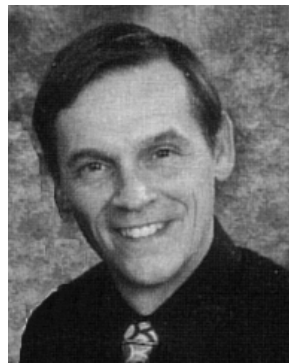
My husband passed away in 1998. I have a son and two daughters, and two grown granddaughters, one of whom is getting married in May.

I look forward to serving the parish on the Vestry.

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### Roger Kienzle

Carol and I have been active members at Saint James since 1976. Currently, Carol is on Alter Guild and I am a Lector at the 8:00 a.m. service. I serve as a Magistrate at the Wayne County Probate/Juvenile Court. I previously served two terms on Vestry and would be privileged to serve again.



### Peggy Hockett

In my five years at St. James I have experienced to a greater or lesser degree most every activity that is woven into the fabric of St. James including and beyond worship. I have participated in choir, rummage sale, counter, retreat, outreach, book group, scripture study, kitchen duties and this year the auction and a delegate to the convention. I have enjoyed every thing I have done because other skilled and dedicated people have made these experiences a pleasure, not drudgery. O.K. so I have a type-A personality, retirement didn't change that.



Professionally I was an educator in the classroom, on T.V., a big city science supervisor and a building principal. In my church life I have been Presbyterian, Evangelical United Brethren (while at Otterbein), Catholic, active in a community church and finally churchless for many years until St. James.

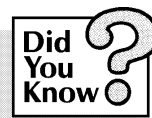
I was attracted to St. James by the Pastor and the very special music program. I found a gold mine of caring gifted people and a church that doesn't dictate a belief system but has a structure that allows you to find your own way and accepts you while you do.

I pray that the congregation will always stay aware of their very special church with the beautiful windows, liturgy and music and do whatever it takes to keep it that way and help it to reach others who seek the same opportunity I needed as well.

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### Seeker's Class with Jeff Baker

The *Seeker's class*, an introduction to the Episcopal Church, will be taught by Jeff Baker at 9:00 a.m. on **Sunday, January 8<sup>th</sup>, 15<sup>th</sup>, and 22<sup>nd</sup>**. Please express your interest to the office so material can be ordered.



The black mailbox in front of the office is being used by the apartment upstairs for mail. Please **do not put items in there for the office**. You may use the mail slot or leave items between the doors to the right of the mailbox, but please let the office know.

## January Birthdays

1	Jason Runnion	
3	Kelsey Grifo	
4	Ferne Haghiri	
5	Jim Grifo	
7	Martha Dutton	
8	Russell Cross	21 Shirley Ryan
9	Bob Skelly	Terry Ling
	John Lawrence	22 Jarra Henderson
10	Barbara Tickton	24 Ian Sharp
11	Carver Maneese	26 Emily Schmidt
13	Dwight Mathias	Troy Schmidt
14	Debbie Kendall Buck	27 Stephanie Perrone
16	Nathan Bonvallet	Brian Anderson
17	Sophie Lauder	28 Ed Koller
	Peterson	Robin Sharp
19	Archer Purvis	Cheryl Cross
	Melissa Glick	30 Juanita Baserman
		31 Brian Kurzenberger



## Vestry Notes *(cont. from p. 3)*

Starting in February, the Vestry will meet the 3rd Monday of the month. The vestry will recommend that the vestry be reduced from 12 members to 9. This will be voted on at the Annual Meeting, January 29.

Junior Warden John Hockett reported on a number of property issues, including an update on the exterior window painting, recent gas line repair at the office building, temperature reduction in the church when not in use and altar lighting.

Pete and Margo Miller, and Sue and Dan Gorman were thanked for organizing and hosting the New Member Dinner. There were over 30 people in attendance.

Evelyn set January 27 as the date for her annual Vestry Appreciation Dinner.

Following adjournment, Jim Richard led the vestry in Compline.

## January Anniversaries

10/03	Mark and Barbara Tickton
17/69	John and Pat Zoller
25/69	Roger and Carol Kienzle

## Annual Meeting



The Annual Meeting will be held on **January 29<sup>th</sup>** following the 9:00 a.m. service. We will have a potluck brunch between the service and the meeting. This is our time to review our common life, to acknowledge certain ministries of individuals and to discuss our future.

If you are the chairperson of a committee or leader of a group, please submit your report by **January 8**.



## Home Communion

Communion can be brought to you at home or in the hospital whether you find you cannot make it to church for two weeks or two months. Please call the office if you would like to arrange for communion.

## Altar Flowers



The cost for flowers is \$40 plus tax for two arrangements. You are welcome to share dates with another family. If you wish to donate, please sign the calendar in the North Street Entrance. Flowers are ordered by Connie Cook from *Com-Patt-ibles*, who sends a bill to the parishioner. If you have special instructions, please indicate it on the calendar or give Connie a call on (330) 345-1416. The flowers are yours to take after the 10:00 service

Jan. 1	Christmas flowers
Jan. 8	Mark and Barbara Tickton in honor of their anniversary and Barbara's birthday
Jan. 15	Cameron Maneese in thanksgiving for her children.
Jan. 22	open
Jan. 29	open

The 2006 flower calendar is posted in the North Street entrance, if you would like to provide flowers for the Sunday services.

# January 2006

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10:00H.E. Breakfast No evening service	<b>2</b>	<b>3</b> 12:15 pm Wardens' Meeting	<b>4</b> 7:30 am H.E.	<b>5</b> 7:00 Outreach Committee	<b>6</b> 6:00 pm Candlelight service / Epiphany party	<b>7</b>
<b>8</b> 8:00 am H.E. 10:00 H.E. 9:00 Seeker's class 9:30 Sun. School 11:00 Coffee  <i>Annual            Reports due</i>	<b>9</b> 7:00 pm Vestry Meeting	<b>10</b>	<b>11</b> 7:30 am H.E. 11:00 Book Group	<b>12</b>   EVELYNAT FRESH START, HUDSON	<b>13</b>	<b>14</b>
<b>15</b> People to People 8:00 am H.E. 9:00 Seeker's class 9:30 Sun. School 10:00 H.E. 11:00 Coffee 5:30 pm H.E.  <i>JN Deadline</i>	<b>16</b> 7:00 pm Martin Luther King, Jr. service at Wooster High School PAC	<b>17</b>	<b>18</b> 7:30 am H.E. 7:00 pm Choir	<b>19</b>   EVELYNAT BISHOP'S WINTER GATHERING, MAUMEE	<b>20</b>	<b>21</b>
<b>22</b> 8:00 am H.E. 9:00 Choir/ Seeker's class 10:00 H.E. 11:00 Coffee	<b>23</b>	<b>24</b>	<b>25</b> 7:30 am H.E. 11:00 Book Group 7:00 pm Choir	<b>26</b>	<b>27</b>	<b>28</b>
<b>29</b> 8:00 am Choir 9:00 H.E. 10:00 Brunch 11:00 Annual Meeting	<b>30</b>	<b>31</b>				



**Important Notice:** All annual reports are due by 8th January. Please make sure yours is returned to the office by this date. My committee meetings will be scheduled shortly, so watch the bulletin for dates and times.



## Ten Commandments for a Healthy Winter

*Barbara Tickton*

### 1. To Chill

As we scurry around this holiday season, we may find ourselves feeling stressed. Some tips for keeping your cool include: Save some time for yourself to relax, concentrate on the traditions or rituals that are meaningful to you, make a holiday budget and don't overextend financially, try not to react to long lines and rude shoppers, be patient with yourself and others.

### 2. Not to Chill

Older persons are particularly at risk of hypothermia due to proportionally decreased muscle mass and thinner skin. Keep the trunk of your body warm. If your body is expending energy to keep your vital organs (liver, kidneys, heart, stomach, etc.) warm, it will revert blood flow from your hands and feet, making them more at risk of a cold injury. Wear a hat. 30% of heat is lost through the head. Protect the most vulnerable areas from exposure to frostbite (hands, feet and face).

### 3. Hydrate Thy Self

As we age, our sense of thirst becomes less reliable than when we are younger. Because older persons do not feel thirsty, they often do not drink as much and are at greater risk of dehydration. Unless your Health Care Provider has told you otherwise, you should drink at least 2-3 liters of fluids per day, such as water or juice. If your tank is getting low, you may have a dry mouth, dry skin, arm weakness or confusion and should seek medical attention.

### 4. Skip the Trip

16,000 Americans die each year from falls. Safety experts agree that many injuries result from falls on ice-covered surfaces. Some tips to avoid falls in winter conditions include: Wear boots or overshoes with non-smooth (rugged) soles, walk cautiously (slowly with short steps), and keep your arms free to help with your balance.

### 5. Vitalize

Your body uses more calories to keep warm than when it's hot, with the exception of fever. Therefore, make sure that you take in enough "quality" calories. Recent studies show that persons who take a multivitamin daily get sick less often than people who don't. Unless

otherwise discouraged from your Health Care Provider, take a multivitamin daily.

### 6. Lumber Up and Limbo Down

Less than 10% of persons age 65 and older participate in regular physical exercise. Increasing physical activity helps relieve stress, reduces coronary heart disease risk, and can improve musculoskeletal conditions and bone density. See your Health Care Provider before starting any new, vigorous physical activity.

### 7. Party On

Socialization is important in all stages of our lives. I saw the Dali Lama speak in Central Park, New York City and he said that the largest problem that he sees in the United States is loneliness. The holiday season is a good time to get together with friends and family.

### 8. Spread Some Cheer and Volunteer

There are plenty of organizations in our area that could use some extra help during the holidays. Some of my fondest memories were of working in the soup kitchen at St. John The Divine Cathedral in NYC. Volunteering can make you feel better about yourself, get you out of the house, out of a rut and prevent isolation.

### 9. Love and Happiness

"Holiday blues" can occur at any age, but older persons may have losses of loved ones that may make them particularly at risk. Create a new tradition. Start an annual friend's dinner or go to a house of worship for holiday services. Try to maintain a positive attitude. Alcohol is a depressant and can make you feel even more depressed, so take it easy on the tonic. Curb your expectations about the holidays to help prevent let down and disappointment.

### 10. You Ain't Heavy, You're My Brother

In Wayne County, we have many generous people, churches, and organizations. It is the opinion of this writer that no one need go without the necessities. The pink section of the Wayne-Holmes County telephone book has a whole section called Senior Citizens Spotlight. Info Link is a good place to start and they can refer you to the resources you need. Don't do without. Ask for help.

The Episcopal Church

St. James Episcopal Church  
127 West North Street  
Wooster, OH 44691



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## What's Happening at St. James

**1st January** Service, 10:00 am, followed by breakfast. No evening service.

**6th January** Epiphany Service, 6:00 pm, followed by Epiphany party.

**16th January** Martin Luther King Community Service, 7:00 pm Wooster High School PAC Center

**29th January** ANNUAL MEETING. Follows 9:00 am service.

December, 2005

S	M	T	W	T	F	S
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January, 2006

S	M	T	W	T	F	S
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				